

# hit refresh

*New Year rescue remedies. By Sarah Barclay*

It may appear menacingly dark, but **OMOROVICZA REFINING FACIAL POLISHER** uses finely milled Hungarian mud along with mango and banana to revitalise a tired, partied-out complexion. £65, [net-a-porter.com](http://net-a-porter.com).

**BOBBI BROWN** has launched three new face masks: **RADIANT BOOST** (exfoliating, stimulating), **INSTANT DETOX** (pore plunging, oil absorbing, smoothing) and **SKIN NOURISH** (moisturising, collagen boosting). £33 each or £10 for a pack of three minis, [bobbibrown.co.uk](http://bobbibrown.co.uk) from 21 January.

The quality of the ingredients in **OLVERUM BATH OIL** are apparent the minute you smell it. Powerful, relaxing essential oils include lime, lavender, rosemary and juniper. A perfect boost for January. From £23.50, [olverum.com](http://olverum.com).

Who says soaking in salts is more practical than spoiling? Treat yourself to the luxurious **SUSANNE KAUFMANN ALKALI SALT** to tackle tiredness, stress and soften the skin. £12, [liberty.co.uk](http://liberty.co.uk).

Unfold a **GIVENCHY HYDRA SPARKLING FRESH & FAST MASK**, gently pat on to tired skin and feel fresher faced in under five minutes. £39.50 for 14 masks, [debenhams.co.uk](http://debenhams.co.uk).

If your skin feels irritated and lacking in moisture, try the new **ESTEE LAUDER MICRO ESSENCE INFUSION MASK**, which combines powerful hydration with soothing ingredients. £50 for six masks, [esteelauder.com](http://esteelauder.com).

Prep your mind and body for the year ahead with **MIO LIQUID YOGA STRESS-FREE SPACE SPRAY**: an uplifting, head-clearing blend of lavandin, cypress, lemon, camomile and other mood-boosting essential oils. £19.50, [mioskincare.co.uk](http://mioskincare.co.uk).

Too much kissing under the mistletoe? Return your lips to a

state of smooth prettiness with **FRANK BODY LIP SCRUB AND LIP BALM DUO**. The scrub uses exfoliating coffee granules with moisturising macadamia oil and the balm soothes with lanolin and plant oils. £11.95, [frankbody.com](http://frankbody.com)

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